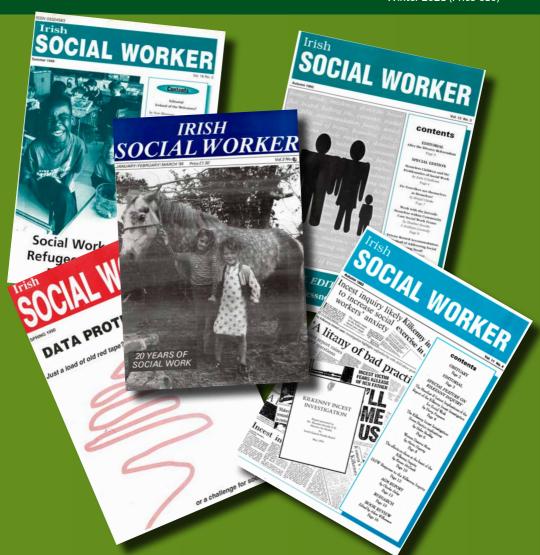
## The Irish Social Worker



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## **Open Access Practice and Research Journal**

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This edition of the Irish Social Worker is dedicated to the late Monica Egan.

Monica took her place as an IASW Chair from 2000 to 2006, one of the longest terms as chair. She was the editor of the journal from 2006 to 2014. We are so thankful for her contributions to the Association.

Go Raibh Suaimhneas Síoraí Uirthi

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#### **EDITORIAL BY MAJELLA HICKEY**



**Dear Members** 

Welcome to the Irish Social Worker: Open Access Practice and Research Journal 2021. This special edition journal celebrates the 50th Anniversary of IASW.

Since 1971, twenty-one people have served as presidents / chairpersons of the IASW. Sadly, a number have passed away. To mark the 50th anniversary, former presidents and chairs contributed a short reflective piece entitled 'The first fifty years: a view from the Chair', highlighting the key moments and issues that arose for them during their time at the helm. In doing so, they have captured the story of the IASW.

The Irish Social Worker journal began as a Magazine in 1980 with Carmella Grant as its first Editor. To mark the 50th anniversary, former Editors selected a journal article which interested them, and which was published in their role as Editor. These reflective pieces are written through the lens of today with a focus on the changes the Editors have seen occur since the publication date.

This journal offers readers a depth of information which we hope will promote reflection, discussion, and debate amongst the membership.

Frank Browne presents a historical overview of the activities of the Adult Mental Health Special Interest group (SWAMH). He highlights its key achievements and the positive role it has played to mental health services, policy and legislation and in helping to build up the professional body of IASW

Phil Butler explores the role of social work in an inpatient rehabilitation setting working with adults with acquired brain injury.

It is three decades since the Irish Social Worker featured an article on Occupational Social Work. Colin Fallon, Jill Davis, Majella Hickey, Grainne Murtagh and Sinead Twomey explore the journey of occupational social work in the Irish Defence Forces since its establishment in 1991.

Vivian Geiran provides a historical overview of probation practice in Ireland since its establishment over a century ago. The article highlights the various ways in which probation practice in Ireland has been connected with social work through its history.

Dr. Anne O'Loughlin provides a brief overview of Irish policy and legislative developments in Safeguarding Adults since the publication of the first article to address the topic of Elder Abuse in Ireland in the Irish Social Worker in 1990. The article highlights the challenge facing social workers in speaking up when confronted by the mistreatment, abuse, and neglect of adults in nursing home care, in particular the decision to remain silent.

Children in foster care have to navigate complex relational dynamics. Dr Maria Lotty and Sean

Trauma-informed Care is an approach that has gained momentum in front line social work practice. Maria Lotty describes the development of Trauma-informed Care as an approach to ameliorate trauma exposure. The article highlights barriers impeding the integration and progression of a trauma informed approach into front-line social work practice.

Master of Social Work students and lecturers involved in the Research Methods module at Maynooth University present an article on the findings from a recent research study on recruitment and retention of social workers in Ireland

Using a pedagogic lens, students and lecturers from the Masters in Social Work course at the Institute of Technology Sligo, showcase five postgraduate research studies, illuminating the value of empirical reasoning and evidence based social work.

Dr. Susan Flynn presents a unique way of thinking about issues that relate to disability and child protection that is known as the affirmative model of disability. The article explains the approach and presents interview findings from a small sample of interviews with Irish social work practitioners and managers to substantiate its arguments.

Dr. Declan Coogan and Eileen Lauster explore the development of the Non-Violent Resistance (NVR) model in Ireland, while celebrating the key role played by the IASW. Using a case example, the authors highlight support and solidarity as key elements of NVR and reflect on the ways in which they experienced support and solidarity as members of the IASW.

Anna Birbeck and Dr Stan Houston explore the structural inequalities and discrimination that exist within Irish society. Armed with an intersectional awareness of the imbricated nature of oppression, they argue that social workers in Ireland can deepen their 'structural' empathy for excluded individuals and groups

and adopt a multi-dimensional form of advocacy to empower them.

Dr. Calvin Swords and Dr. Stan Houston explore the concept of recovery within Irish mental health services. They explore challenges in service culture and highlight the need for a philosophy which incorporates a social recovery perspective.

John Cowman Gavin Mulhall, Liam Breen, Aoife O'Callaghan, and Brendan D. Kelly present findings of a study of housing need aimed at maximising service user and carer feedback. The presence of a mental health service user in the core research group, informed revision of the methodology to better reflect the views and priorities of service users and carers in this work.

The Irish Social Worker journal appreciates the contribution of the authors who have shared their expertise and knowledge with us. On behalf of IASW, I would like to thank the authors, book reviewers and members who contributed articles, book reviews, obituaries, and photographs to this edition.

I would like to thank the editorial committee, Frank Browne, Sinead Twomey, Colletta Dalikeni and Steven Peet and our external panel of peer reviewers.

The Irish Social Worker journal would not be possible without the office support of Danielle McGoldrick and Sarah McDonnell. Their patience, hard work and support in compiling the journal is sincerely appreciated.

We look forward to the next edition and invite writers in social work, policy, practice, and research to consider submitting an article for publication.

## Majella Hickey Editor and Chair of the IASW Journal Committee

## BOOK REVIEW: THE EVERYDAY GUIDE TO ATTACHMENT, PLAY CONNECTION AND EMOTIONAL RELEASE

Authors: Dr Lisa O'Reilly, Carol Duffy, Kathryn McCabe & Aoife Bairead Year: 2021

Publisher: Independently published ISBN: 9-798663-899192

## The Everyday Guide to Attachment, Play, Connection and Emotional Release:



For Parents, Foster Carers, Adoptive Parents and Childcare Professionals

### Dr Lisa O'Reilly

This is an electronic guidebook written by Dr Lisa O' Reilly with guest authors Carol Duffy, Kathryn Mc Cabe and Aoife Bairead.

Dr Lisa O' Reilly is a Child and Family specialist, with a background in child protection social work. She created this book during the Covid-19 pandemic to support foster carers, parents, and adoptive parents to build attachment and connection with children through attachment play. The book contains chapters on:

- · What is Attachment
- How is Connection Different to Attachment
- Play and the Power of Play

- · Attachment Play
- Following your Child's Lead in Play
- · Power-Reversal Play
- · Positive Discipline
- Rough and Tumble Play Time
- The Regressive Play Experience
- Helping Siblings to Get Along

The book offers theoretical knowledge, methods and practices for connecting with children. Utilising skills from child-led play therapy and professional and life experience, Dr. O' Reilly brings the reader through the process of tracking behaviour, reflecting and naming feelings and noticing effort and achievements. She highlights the importance of matching the child's tone and intensity by whispering reflections and mirroring behaviour and responding at a consistent rate that feels natural and comfortable in the moment of the child. The book is jam packed with knowledge and insights, play ideas and activities.

Chapter eleven is written by Carol Duffy, a Child and Adolescent Psychotherapist. Her chapter on 'Parenting with trauma', presents very useful insights into play psychotherapy and the central role of the caregiver within that process. She focuses on trauma induced behaviours, attachment drives, motivating, intervening and interrupting attachment cycles and relationship building. She introduces the reader to a trauma informed approach using sensory somatic play. The author provides really useful examples on how to how to break down a child's lived experiences so that they can understand them

for themselves. She provides creative examples for helping caregivers to connect playfully and meaningfully with children.

Chapter twelve, 'The Perfect Parent', is written by Social Ecologist, Kathryn McCabe. This is a beautiful chapter, full of practical tools that support the safe expression of aggression. The chapter includes practical guidelines and themes for introducing rough play. She provides useful guidance and insights for homeschooling children.

Chapter thirteen, 'Caring for You while Caring for your Child', is presented by Aoife Bairead, Social Worker and Attachment and Trauma Informed

Therapist. Aoife covers the life changing experience of having a baby, early attachment cycle and stages of human development and the importance of self-care The section on 'What shall we play', is broken down into age categories from 0-6 weeks to 12-18 months and is a wonderful resource for caregivers.

This guidebook serves as a wonderful resource book for caregivers and an insightful and invaluable resource for social work and childcare professionals.

#### Reviewed by Majella Hickey





